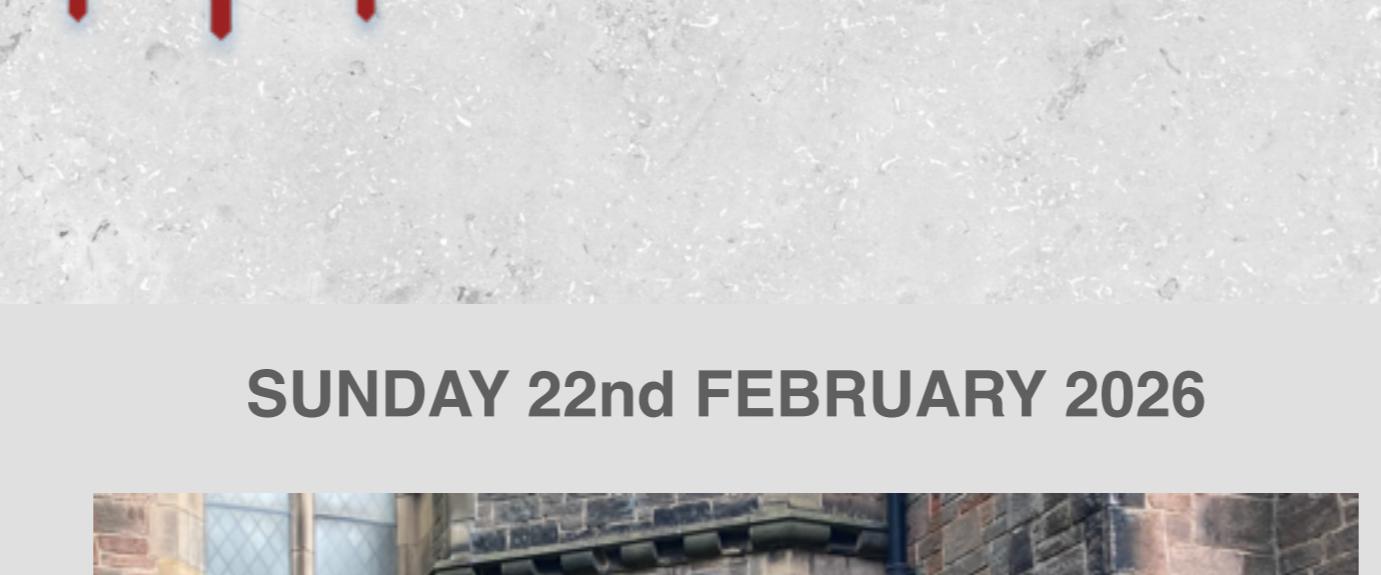
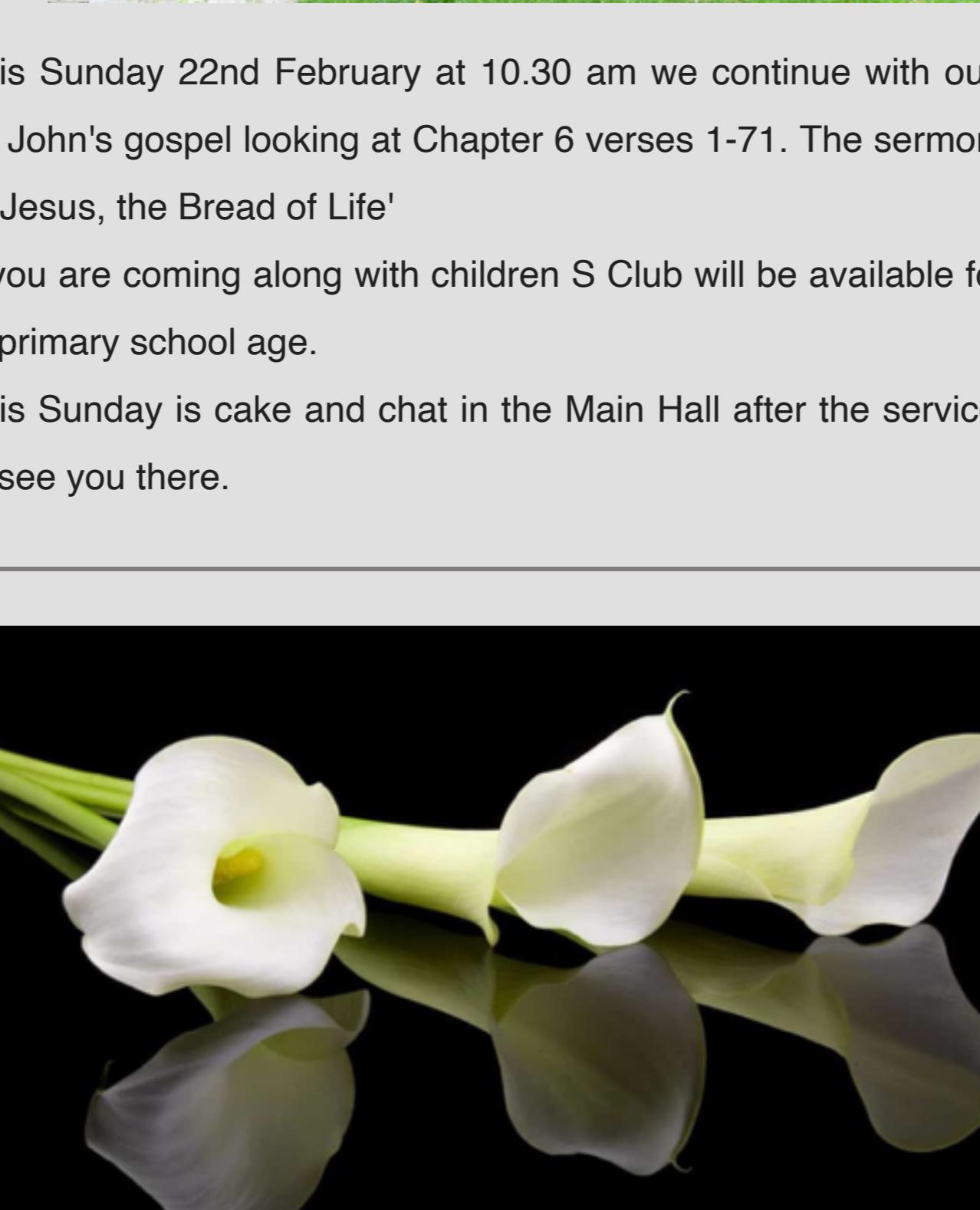


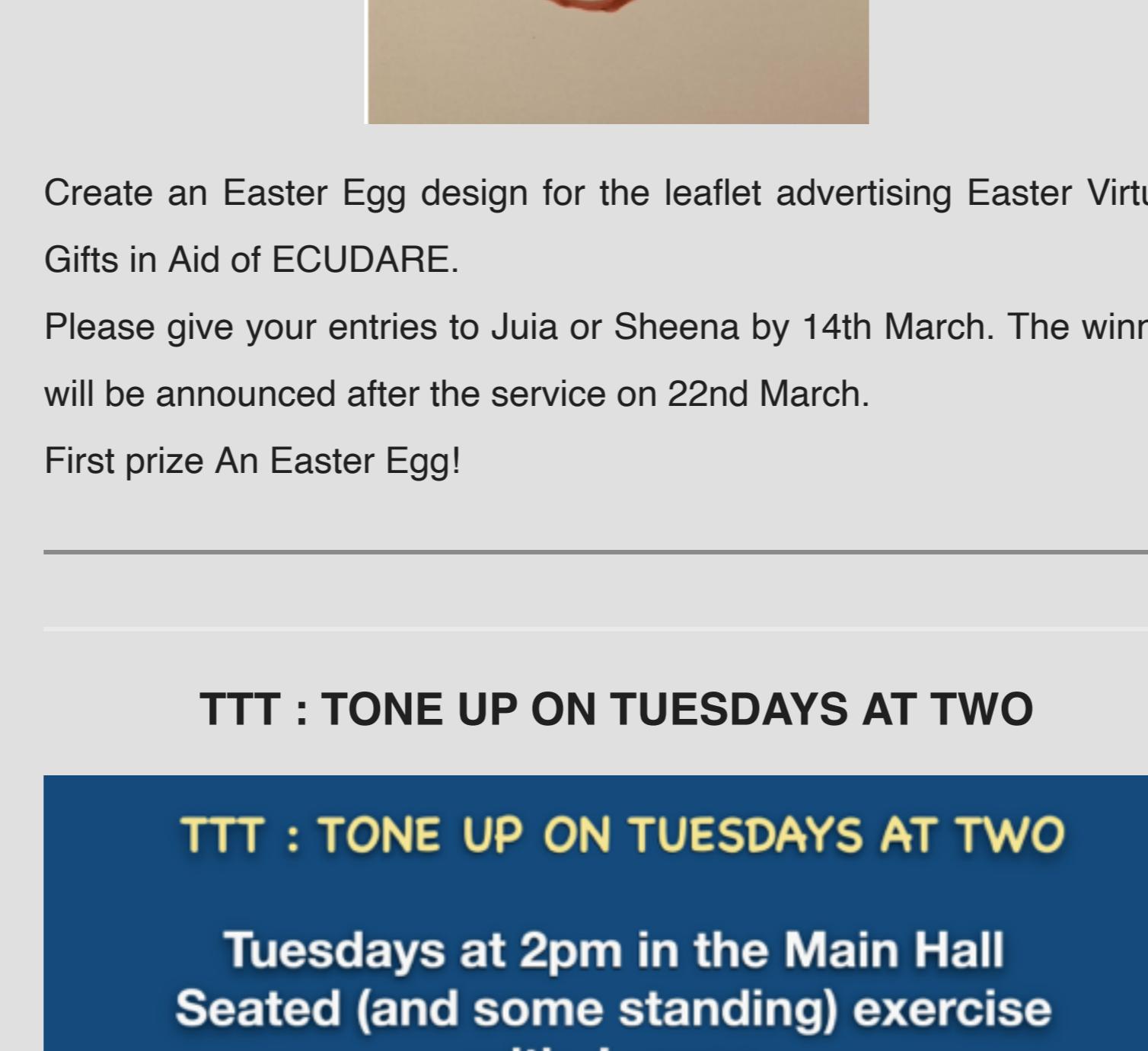
View this email in your browser

**SUNDAY 22nd FEBRUARY 2026**

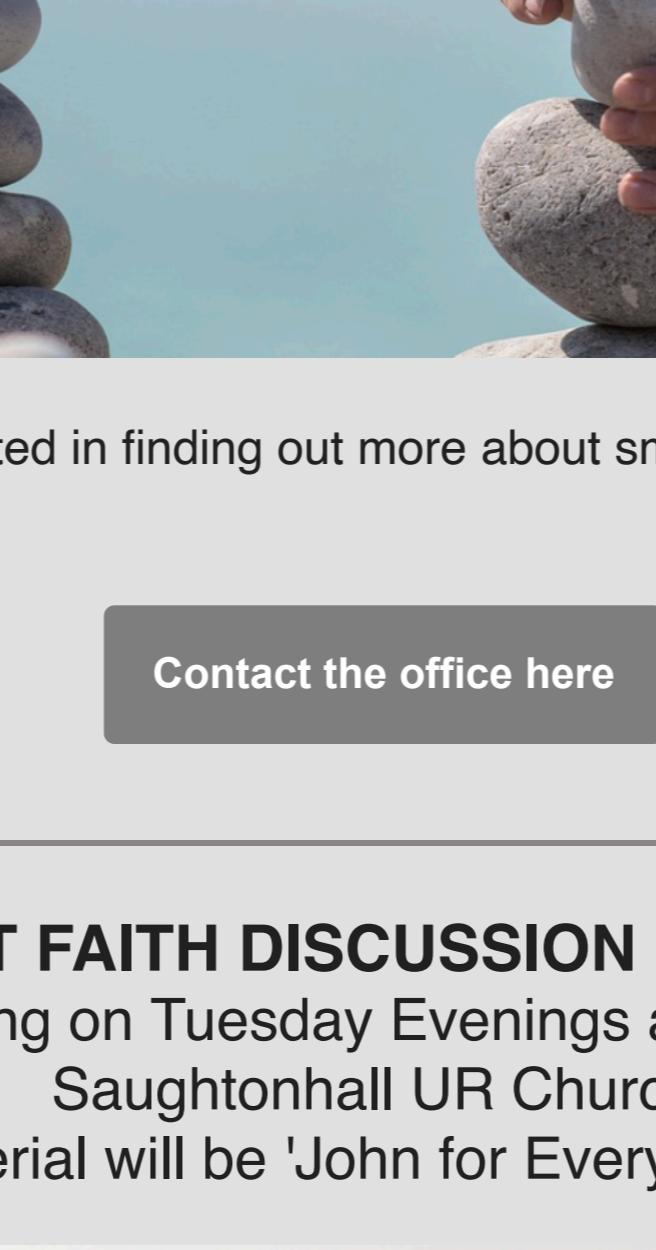
This Sunday 22nd February at 10.30 am we continue with our series on John's gospel looking at Chapter 6 verses 1-71. The sermon theme is 'Jesus, the Bread of Life'

If you are coming along with children S Club will be available for those of primary school age.

This Sunday is cake and chat in the Main Hall after the service. Hope to see you there.



Katharine Richardson's funeral will be held on Monday 9th March at 2 pm at Warriston Crematorium Lorimer Chapel.

**S CLUB  
EASTER CARD COMPETITION**

Create an Easter Egg design for the leaflet advertising Easter Virtual Gifts in Aid of ECUDARE.

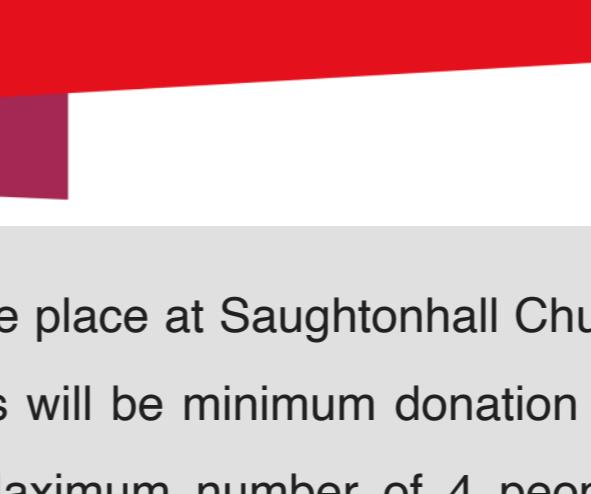
Please give your entries to Juia or Sheena by 14th March. The winner will be announced after the service on 22nd March.

First prize An Easter Egg!

**TTT : TONE UP ON TUESDAYS AT TWO****TTT : TONE UP ON TUESDAYS AT TWO**

**Tuesdays at 2pm in the Main Hall  
Seated (and some standing) exercise  
with Joanne**

*Followed by tea,  
cake and optional worship  
£5 weekly*

**Small Groups**

If you are interested in finding out more about small groups contact the church office.

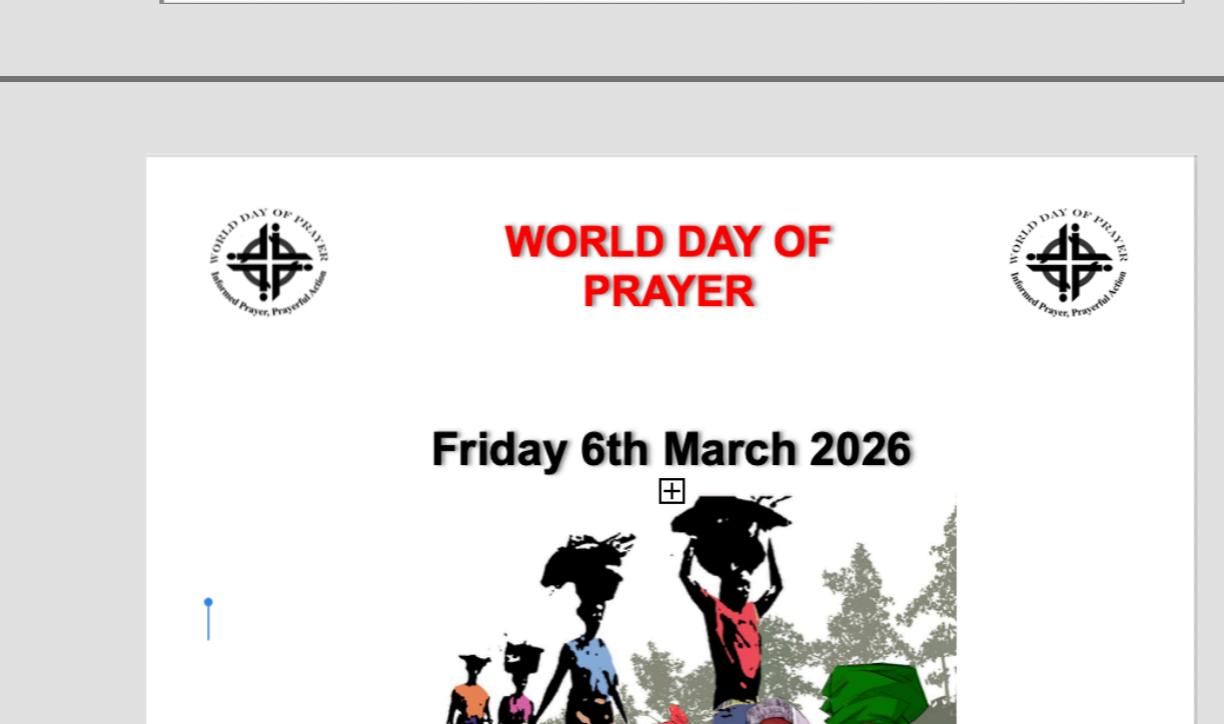
[Contact the office here](#)

**MCT FAITH DISCUSSION GROUP**

Meeting on Tuesday Evenings at 7.30 pm

Saughtonhall UR Church

Course material will be 'John for Everyone' Tom Wright



Meeting also available on Zoom. For more information contact Richard Nunn by clicking button below.

[Email Richard Nunn here](#)

**Quiz for Christian Aid**

Our MCT Christian Aid Quiz will take place at Saughtonhall Church on Sunday 8th March 6.45 pm. Tickets will be minimum donation £5 per person. Refreshments provided. Maximum number of 4 people per team. Tickets available from David Parkin.

[Contact David Parkin here](#)

**Lent Study**

2pm Mondays in Lent  
beginning on 23rd February

the Church of the Good Shepherd

using the 'Embrace' resource from the Charity 'Embrace' based on the Book of Acts

**All Welcome**

[Email Richard Nunn here](#)

[Email Richard Nunn here](#)