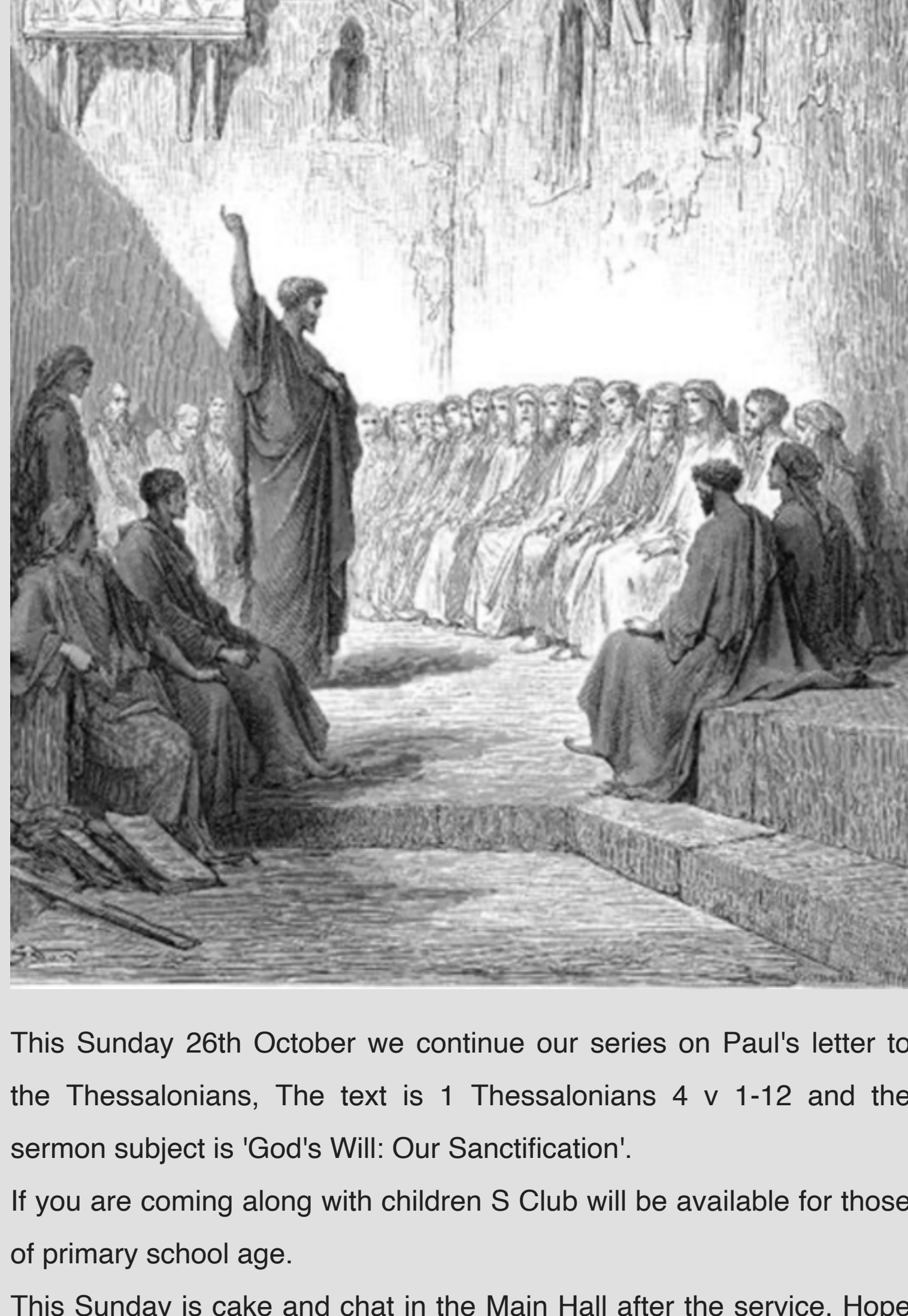




SUNDAY 26th OCTOBER 2025



This Sunday 26th October we continue our series on Paul's letter to the Thessalonians, The text is 1 Thessalonians 4 v 1-12 and the sermon subject is 'God's Will: Our Sanctification'.

If you are coming along with children S Club will be available for those of primary school age.

This Sunday is cake and chat in the Main Hall after the service. Hope to see you there.

Our Stewardship Campaign is coming to a close



SUPPORTING THE WORK OF MURRAYFIELD PARISH CHURCH

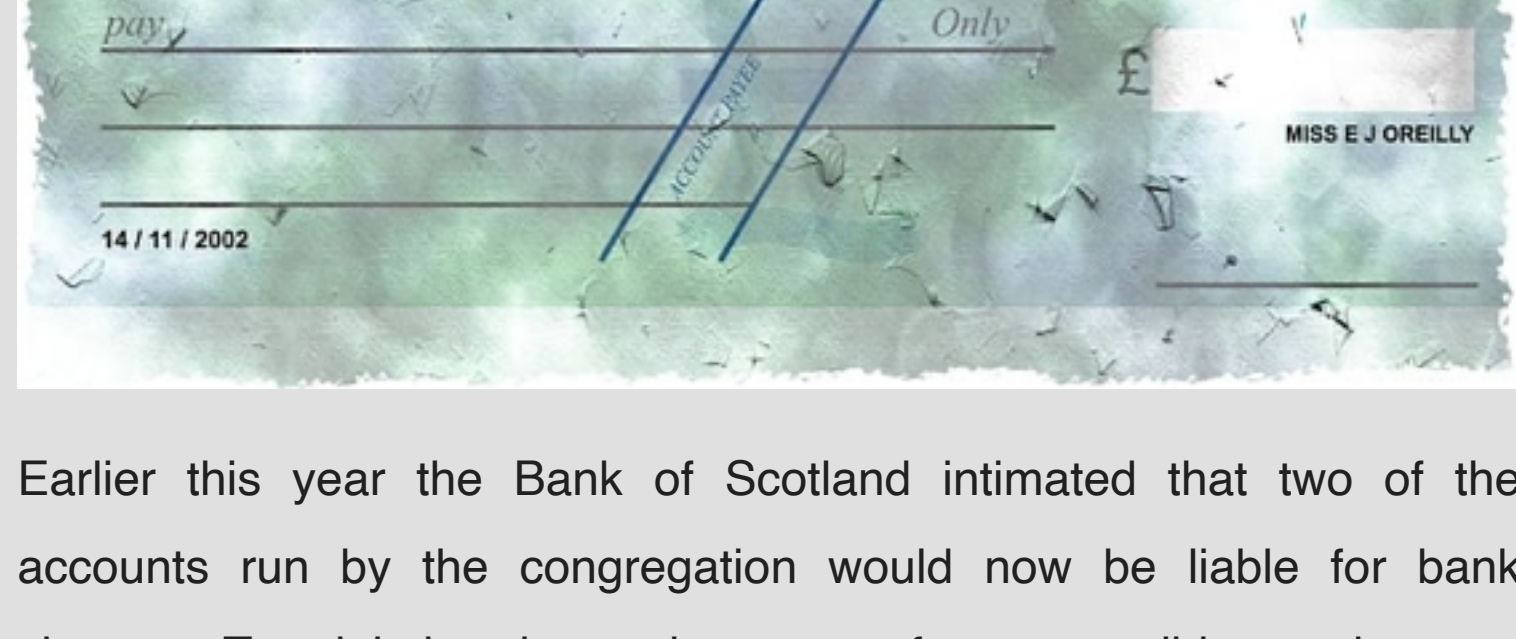
The Murrayfield Parish Church Stewardship Appeal is coming to a close. We hope that you have found the appeal thought-provoking and we encourage you to respond prayerfully.

Although the Stewardship Appeal is coming to a close please don't hesitate to get in touch with our Church Treasurer (Lindsay Foulis) at any time If you have any questions about church finances.

We would like to thank everyone who currently makes a financial donation to Murrayfield Parish Church. Your contributions are invaluable.

Contact Lindsay Foulis here

Cheque Payment



Earlier this year the Bank of Scotland intimated that two of the accounts run by the congregation would now be liable for bank charges. To minimise these charges as far as possible, we hope to pay in any cheques electronically. To do this successfully, any cheque requires to be drawn in favour of 'Edinburgh Murrayfield Parish Church'. This then matches the name of the congregation account. If a member is issuing a cheque in favour of the Church could it be drawn accordingly.

WWW Well-being Workshops & Worship

Sleep, breathing techniques, IT clinic & much more
Thursdays at 10.30am in the Dove, Church Centre
at Murrayfield Parish Church
30th October - 4th December
with refreshments & optional worship.
Six sessions: Come to one .. or come to all six!

Contact: office@murrayfieldparishchurch.org.uk
0131 337 1091
www.murrayfieldparishchurch.org.uk

Registered Charity number SC040007

WWW Well-being Workshops and Worship starts on Thursday 30th October and will run until Thursday 4th December. Six interesting well-being sessions in total. The sessions will include refreshments and optional worship.

- Programme
- Week 1: 30th October 'Improve your Sleep' with Fiona Dinsmore
 - Week 2: 6th November 'Tech Workshop' with Gary Wallis
 - Week 3: 13th November 'Millie the Therapist' with Julie Russell
 - Week 4: 20th November Visit to Mansfield Traquair Centre
 - Week 5: 27th November 'Relaxation through Breathing' with Fiona Dinsmore
 - Week 6: 4th December 'Christmas Crafts'

If you are interested in coming along or would like to find out more about it please contact the church office or Rev Douglas Nicol. We would love to hear from you.

ECUDARE PROJECT



The pots of bulbs for the MCT Ecudare project will be available for sale from Sunday 2nd November until the end of November in the church hall after the service.

TTT : TONE UP ON TUESDAYS AT TWO

Tuesdays at 2pm in the Main Hall
Seated (and some standing) exercise
with Joanne

Followed by tea,
cake and optional worship
£5 weekly

Please note there will be no TTT on Tuesday 4th November. Classes resume on the 11th November until 25th November then we have a break until Tuesday 13th January.

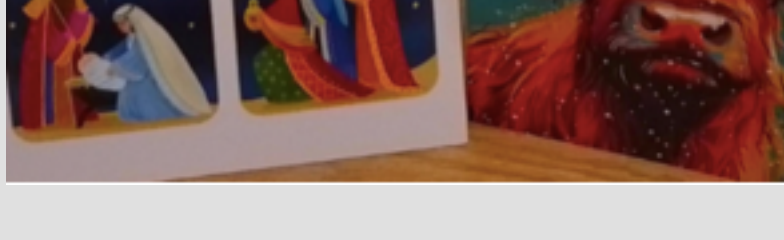
Cake and Chat : Last Sunday of the month!

If you would like to bake for Cake and Chat please
just add your name to the list at the back of the church

The Cake and Chat List for January to August 2026 is now at the back of the church. Please add your name to the list for the month you would like to do. If you haven't baked for cake and chat before and would like to find out more details- please contact Jane Smart

Contact Jane Smart here

CROSSREACH CHRISTMAS CARDS



Crossreach sell cards and gifts that help to change lives and save lives. You will find a lovely selection of Christmas cards on the Crossreach website. Use the button below to visit the Crossreach shop.

Crossreach Christmas cards will also be available to order after the service in the main hall on Sundays 19th and 26th October. Please drop in and have a look at the samples - there are some lovely designs to choose from.

To Visit Crossreach shop click here



Don't forget the clocks go back this Sunday 26th October.

MCT Faith Discussion Group
2025/26

Meeting on Tuesday evenings at 7.30pm
Saughtonhall UR Church (starting 30th September)
Course material will be 'John for Everyone' Tom Wright.

Meeting also available by Zoom. For more information contact Richard Nunn by clicking button below. We will be thinking about John's Gospel after Christmas this year until next Easter and therefore this course could be of special interest.

Email Richard Nunn here

Jesus is the Light of the world

LIGHT PARTY

Sunday 26th October
3pm - 4:30pm
GORGIE CHURCH
(190 GORGIE ROAD)

Open invitation to all ages and stages - expect crafts, activities, stories, songs, prayers, food and lots of light!

Contact: Reuben Addison 07867 915022
If need more info

Need to get in touch?

The office will be open Tuesday to Thursday 9.30 am - 1.30 pm.

Emails and phone calls will be recorded outwith these hours.

Phone: 0131 337 1091

Email: office@murrayfieldparishchurch.org.uk

