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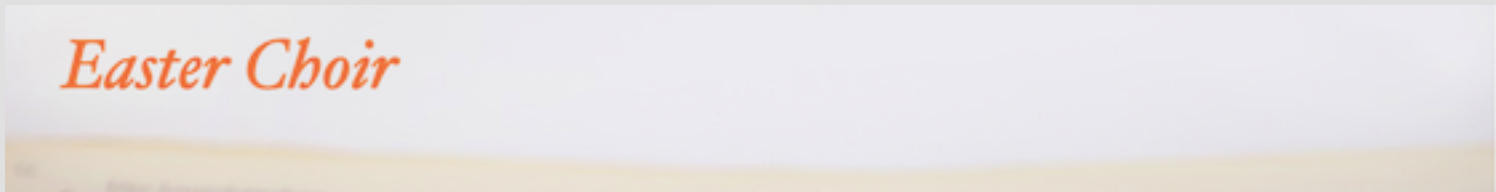
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SUNDAY 24th MARCH 2024 PALM/PASSION SUNDAY



This Sunday Palm/Passion Sunday we look forward to an Easter video performed and produced by the young people from S-Club Film Crew.If you are coming along with children, S Club will be available for those of primary school age. There will also be coffee/tea in the Main Hall after the service. Hope to see you there.





Next rehearsal for the Easter Choir will be on Palm Sunday 24th March after the morning service.

[Contact Andy Here](#)

GOOD FRIDAY 29TH MARCH



This year's Good Friday service will be joint with GAP and St Stephen's Comely Bank. The service will be held at Murrayfield Parish Church at 7 pm. Please consider coming along to help ensure this joint service is a success.

SATURDAY 30TH MARCH

JESUS WHO ROSE FROM THE DEAD



The next Messy Church will be at Murrayfield Parish Church on Saturday 30th March from 3.30-5.30 pm. Come along for fun crafts, celebration, and a meal to share together. Children must be accompanied by an adult. Please help spread the word to family, friends and neighbours. Hope to see you there.

Holy Week & Easter Services Murrayfield Churches Together and the Church of Scotland Grouping



Palm/Passion Sunday 10.30am: we are looking forward to an Easter video performed and produced by the young people from S-Club Film Crew.

Tuesday of Holy Week at 7pm: Stations of the Cross at the garden of the Church of the Good Shepherd.

Thursday of Holy Week at 7pm: a communion service at Saughtonhall United Reformed Church. This will follow a Tennebrae format.

Good Friday 2pm: Liturgy of the Cross service at the Church of the Good Shepherd

Good Friday 7pm: A joint service with the CofS grouping churches, 7pm at Murrayfield Parish Church

Messy Easter: Saturday 30th March 3.30-5.30pm at Murrayfield Parish Church



Easter Sunday: we have a joyous celebration of the resurrection at 10.30am. As normal this will include the Lord's Supper.



Free Talks from 1pm- 2pm on Wednesdays in March

*at the Church of the Good Shepherd
Murrayfield Avenue*

Week 4 - 27th March

MOVEMENT Week! Highly qualified trainer, Susan, will be here to give us inspiring ways to boost our health through movement, be it from a chair, running, toning up, Pilates or recovering from injury. With 2 young children she knows how to fit things into a busy life. So come along and get some inspiration ideas to boost your movement and health. Babes in arms welcome.

The GHHG was set up to support and help those looking to boost their health & fitness and for those perhaps looking for support their weight management. Talks aim to be informative, positive, honest, some with demos, and all from specialists in the local community.

Find & Follow on FB for more information
www.ghhg.co.uk



NEIGHBOURHOOD
EASTER
EGG HUNT

9AM, SUNDAY, 31ST MARCH

**The Good Shepherd Church
13A Murrayfield Ave. EH12 6AU**

Coffee, Tea & Croissants Provided

ALL ARE WELCOME



TTT : TONE UP ON TUESDAYS AT TWO

**Tuesdays at 2pm in the Main Hall
Seated exercise with Joanne (£5)
Followed by tea, cake and optional worship**



Join Joanne for 'Move it or lose it' gentle exercise at 2pm on Tuesdays in the Main Hall (£5 per class) followed by refreshments and good company at 2.45 pm then at 3.15pm optional worship.

Come to one, come to all and bring a friend.

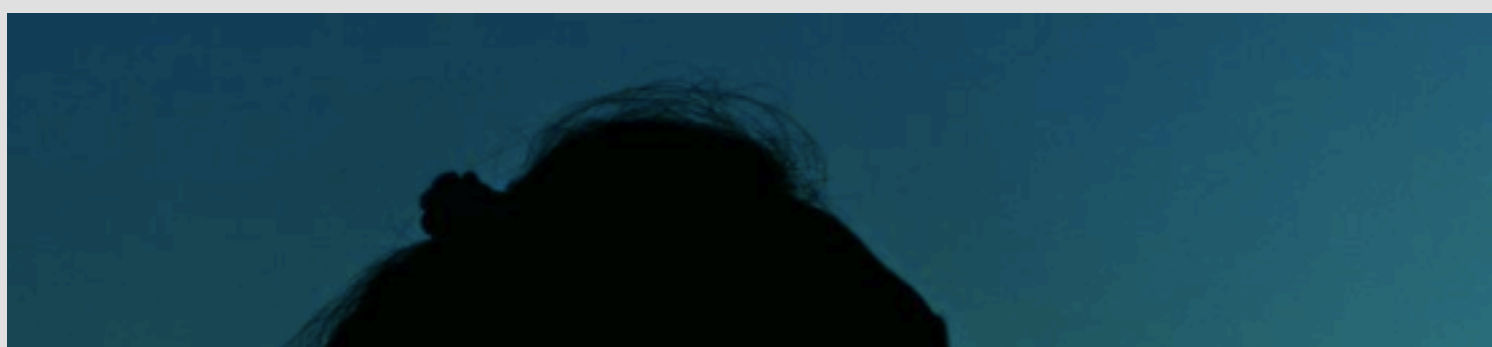
TTT will run each Tuesday during February and March and on 2nd April.

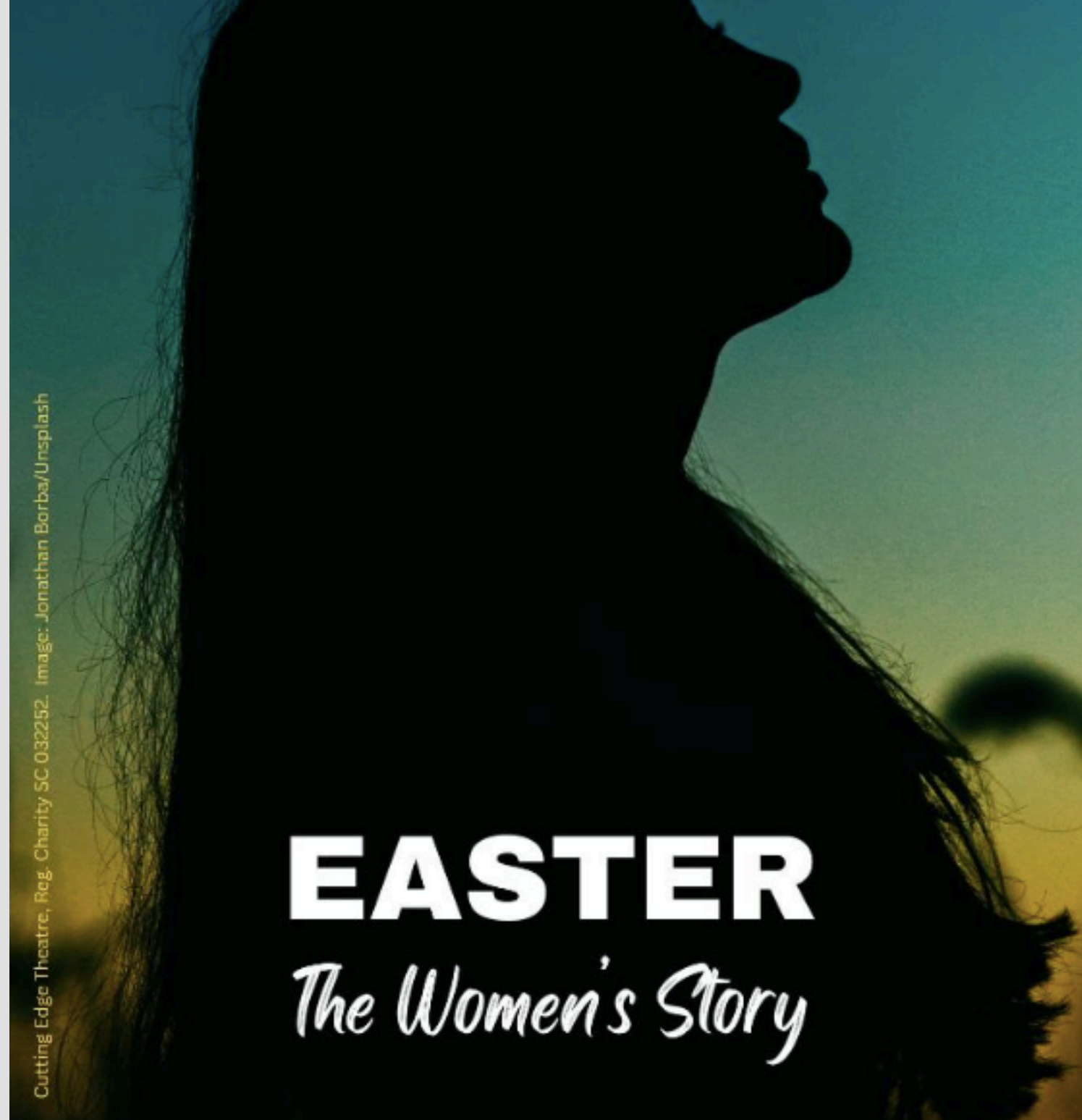
We will have a break for the rest of April (9th, 16th, 23rd and 30th).

We will restart on Tuesday 7th May and run through till a last class on Tuesday 25th June.

We will then have a summer break.

[Contact Jane Smart here](#)





Saturday 30th March 2 pm West Princes Street Gardens. Free and unticketed. More information at www.easterplay.org.

[For more information click here](#)



May 2024 Presbytery Focus: Edinburgh and West Lothian

In 2024 Life and Work magazine launched a series called Presbytery Focus. The forthcoming May issue will feature the Presbytery of Edinburgh and West Lothian.

Your congregation is likely to be interested in reading what is shared on the pages of the magazine and so we offer you an opportunity to receive copies.

HOW TO ORDER

Congregational Purchase

Please email an order to admin@lifeandwork.org with the following information:

- Name of congregation
- Quantity of magazines
- Delivery name and address

If your congregation already receives an order of magazines, the additional copies will be added to this if you **respond before Thursday 28th March 2024**. Otherwise they will be sent separately.

Personal Purchase

There is the option for individuals to purchase single copies in print or digital format via the magazine's website www.lifeandwork.org/subscribe. Digital issue only £2.99 and print £3.50.

HOW TO PAY

If placing an order on behalf of your congregation, an invoice will be issued to the Treasurer. Anyone making a personal purchase will pay during the online order process.

CONNECT WITH US

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www.lifeandwork.org



Saturday, 18 May to Thursday, 23 May, 2024

(Excluding Sunday)

A request for volunteers to help with stewarding

The Assembly Business Committee is seeking volunteers to help with stewarding at this year's General Assembly.

Stewarding duties require a moderate level of fitness since a volunteer could be on their feet for up to 2 hours and may need to escort people up or down stairs.

In the case of an emergency, Stewards will be required to assist in the evacuation of the building by directing people to the nearest available exit.

There are three stewarding sessions on each day of three hours in length.

The morning session is 08.30 to 11.30, the lunch time session is 11.30 to 14.30 and the afternoon session is 14.30 to 17.30.

We would very much welcome volunteers for one or more sessions. Indeed it is extremely helpful if a volunteer feels able to help on several days.

Notes—Those volunteering for two sessions (08.30 to 14.30 or 11.30 to 17.30) will be provided with a lunch voucher. In every three-hour session there is an opportunity to have a break for tea or coffee.

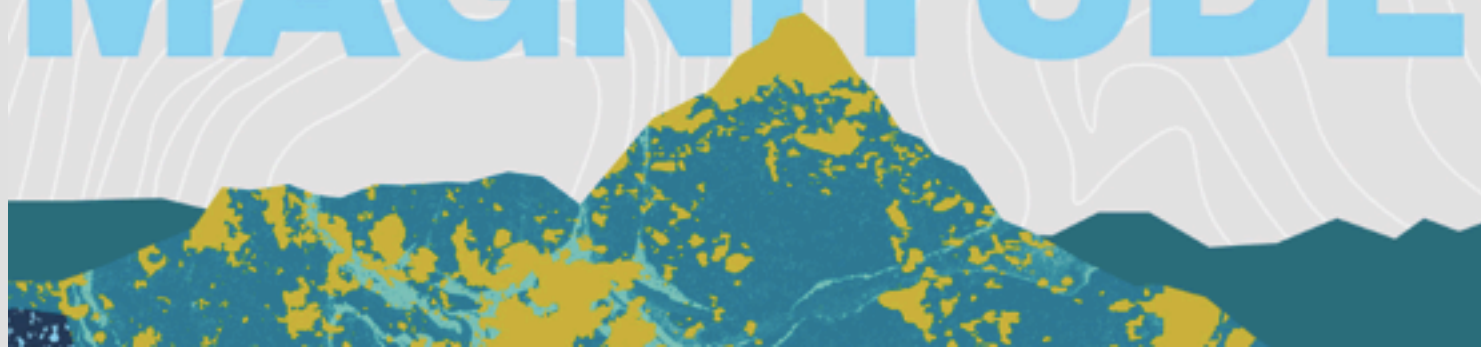
Those interested in helping with stewarding should contact Sandy Gemmill, Chief Steward assemblystewards@churchofscotland.org.uk or at:-

Sandy Gemmill
Chief Steward, General Assembly of the Church of Scotland
Department of the General Assembly
121 George Street
Edinburgh
EH2 4YN

It would be appreciated if the above could be circulated within Presbytery, Kirk Sessions and congregations.

Contact Sandy Gemmill, Chief Steward here

20-24 JULY 2024
MAGNITUDE





[Learn More](#)

Need to get in touch?

We are really grateful to Maureen for working in the office for the next few months while we recruit a new Administrator. The office will be open Tuesday to Thursday 9.30 am - 1.30 pm. Emails and phone calls will be recorded outwith these hours.

Phone: [0131 337 1091](tel:01313371091)

Email: office@murrayfieldparishchurch.org.uk



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